



Member Name _____ Member # _____

Recreation District Swimming Pool & Spa and Fitness Center Release

The Fitness Center at Herons Glen Recreation District is not only a place for residents to get healthy and stay healthy but also a friendly, fun environment for everyone to benefit from and enjoy. However, the use of the equipment can be a potentially hazardous activity. Injury and even death may arise from improper use of the equipment or from the use by a person not in good health. The Fitness Center is an unsupervised amenity and each person using its equipment assumes all risks associated with the use of the Center. Each person should consult with a physician prior to participating in any strenuous activity in the Fitness Center. The responsibility to use care and to receive medical clearance rests exclusively with the person using the Fitness Center, and such obligations will continue as long as he or she uses the Fitness Center.

Residents agree to indemnify and hold the District harmless from, and expressly waive, any claims for personal injury, loss or damage to property resulting from or in connection with the use of the Fitness Center and its equipment.

Residents are not permitted to use the Fitness Center unless they have read this indemnity and waiver and have indicated their agreement by signing below. Access and use are otherwise prohibited. No guest or invitee is authorized to use the Fitness Center unless he/she has signed the "Sign-In-Sheet" agreeing to release Herons Glen Recreation District on the day they are present and before using the facility or any of the equipment.

Fitness Center and Pool Deck Access

Access to the Herons Glen Fitness Center and Pool Deck may be gained using an entry card or a key fob system only. Residents requesting fitness center access or pool will be issued a maximum of two personal access cards per account at no cost and, if desired, will have the opportunity to purchase key fobs for \$15 each (fobs can be put on a key ring). Residents must have a valid ID prior to the issuance of cards or fobs, which are available in the HGRD administration office. If a card is lost, additional cards can be purchased for \$10 each at the HGRD administration office.

By signing below, you are releasing and agreeing to indemnify the Herons Glen Recreation District from any and all obligations and liabilities, including injury and death, arising out of your use of the Fitness Center and its equipment. You are also acknowledging your understanding of the HGRD pool rules and your intent to follow them.

Print Name (s): _____ Date: _____

Signature (s): _____ Phone: _____

If renting, please have the owner of the home print & sign here: _____

_____ Cards # _____ FOBS (\$15 each) # _____ Additional Cards (\$10 each)

Please return this form to the HGRD Administration Office or reception@hgrdnfm.com

The fitness facility is located at 3300 Herons Glen Blvd. Open daily from 5 AM to 10 PM and Closed 12 PM-2 PM each Wednesday.

The community pool is located at 2250 Herons Glen Blvd. Hours of Operation are below:

April 1 through October 31	November 1 through March 31
Sunday 7am-8pm	Sunday 7am-Dusk
Monday 7am-8pm	Monday 9am-Dusk
Tuesday 7am-8pm	Tuesday 7am-Dusk
Wednesday 7am-8pm	Wednesday 7am-Dusk
Thursday 11am-8pm	Thursday 11am-Dusk
Friday 7am-8pm	Friday 7am-Dusk
Saturday 7am-8pm	Saturday 7am-Dusk

Official Use Only - Card Numbers: